



District 29 Newsletter

April 2016



Alcoholism is known as a three-part disease which affects the Mind, Body & Spirit.

Step 4: Made a searching and fearless inventory of ourselves.

Tradition 4: Each group should be autonomous except in matters affecting other groups or AA as a whole.

Concept 4: At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

If we are painstaking about this phase of our development, we will be amazed before we are half-way through. **According to the next Promise:** No matter how far down the scale we have gone, we will see how our experience can benefit others.

Significant Upcoming Events (through June 2016)

**Southwest Texas Area 68 Pre-General Conference
Svc. Conference** April 8 – April 10

Yo Ranch Hotel & Conference Center, Kerrville, TX

Contact: Mary P. & Melissa O., Registration (830) 728-4977

2016 Men’s Spring AA 12-Step Weekend April 15 – April 17

Our Lady of Corpus Christi Retreat Center, TX

Contacts: Ed B., (361) 676-8064; Gene H. (210) 764-2113;

George D. (361) 688-8465

Southwest Additional Regional Forum June 3 – June 5

Double Tree by Hilton, Denver, CO

Contact: Register www.aa.org - Regional Forum

70th Annual Texas State AA Convention June 24 – June 26

Double Tree Hotel, Austin, TX

Contact: Register www.txaaconvention.org

Remaining District Meeting Dates for 2016

(Routinely held on 2nd Sunday of each month)

April 3, 2016 at Legacies, 603 Spring Street, Bastrop, TX, 1:30 p.m.

April 3

July 10

October 9

May 8*

August 14

November 13

June 12

September 11

December 11

* Mothers’ Day



Letters and Articles to the Editor

[The deadline for Next Month's Newsletter is Saturday, April 30, 2016]

To make our District 29 Newsletter richer and more representative of you, we're respectfully requesting that **you** submit articles or observations to our newsletter. This month, David M and Debbie M have each done just that. We're looking for relevant observations from your AA program, 'ah-hah' moments that shake your world, human interest stories – you get the idea. Stories that you'd say to your loved ones, "Something fascinating/interesting/enlightening happened today that I want to tell you about . . ." or "Something just blew me away today. . . ."

Thanks very much. Holly H

Where Will AA Members Appear Next?

You never know where members of this fellowship will appear.

My father is aging and we've recently started looking into assisted living as an option. My Stepmom and I met at such a facility near Houston to check it out. We toured two of these residences that day. During one of those tours, we were being escorted around by Melanie, the Marketing Director. She was showing us all the amenities, explaining the daily activities, the thought that went into the layout, architecture, kitchen, meals, etc.

We were specifically interested in what's called the "Memory Care Facility." If you're not familiar with this, it's for residents with dementia or Alzheimer's disease. As we worked our way around the "Memory Care" portion of the property, we came down a hallway. There was a resident coming out of the door of his room with the assistance of a walker and one of the technicians. He was a tall man with bright eyes. He seemed as normal as anyone, even maybe a bit more enthusiastic about it all than the rest of us. He saw me, my Stepmom, and Melanie and got a HUGE smile on his face. "Hi there!" he said, "I'm so glad to see y'all today." Then he said, "I'm here because I'm not all there!" It struck me as a slightly entertaining comment, but what had just happened didn't really sink in until he then said, "Y'all keep coming back!"

I knew immediately this man was one of us. He may not remember some things, but he obviously remembers the important things. And anyone in this program knows where that comes from. The rooms of Alcoholics Anonymous.

David M., OTC



Rusty Tools

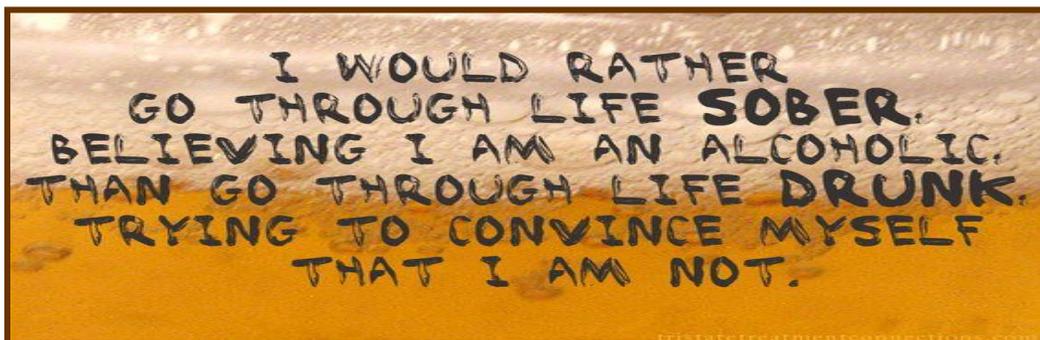
Recently, I have noticed that the patience and communication tools in my spiritual tool box have been showing rust and complacency. When I first looked at the tools, my thought was, “This cannot be true. I work the program. I am in service. This is a mirage of my former self.” But was it really a mirage?

So I did what any alcoholic would probably do right at first, started to talk to myself as I was my sponsor and even my higher power because I knew both of them were too busy doing other things and I was giving myself the answers. I soon was awakened that they might not be the right answers because those tools were just as rusty and getting rustier.

The next thing I did, remembering all those clichés I have heard in the meetings, is: “The answers are in our literature.” I sat down, grabbed my Big Book, Twelve Steps and Twelve Traditions and the Daily Reflections and started to read. I did try finding what I needed to read the easy way, by looking for the problem in the back of the Daily Reflections and just reading that part. Well, it did work, but that also started a pebble rolling down a mountain that turned into a boulder. I found what I thought was my answer for getting the rust off my spiritual tools but that passage would lead me to another and another. I sat there reading for an hour or so.

I did feel better about my tools but there was some rust that was too stubborn to get off. So I called my sponsor, which I should have done right from the start. She gave me strength and encouragement. I prayed to the Higher Power of my understanding. My Higher Power showed me a way of seeing situations by levitating. Seeing things from God’s angle of vision can be very relaxing.” This quote came from the Daily Reflections, page 170. Doing that took myself out of my ego and self righteousness and was able to clean my rusty tools. Now I am not going to say my tools are not going to get rusty again because they probably will, but next time, instead of going through all the turmoil I caused in my head, I am going to try levitating before things get so rusty again.

Debbie M., Sunday Sidewalk





Don't Miss This Mid-May Event

Area Birthday Locations
(on the last Saturday of each month)

Jan. – Phelan Road Group
Feb. – LaGrange Gratitude Group
Mar. – Bastrop Friday Nite Group
April – Lost Pines Group
May – Smithville Group
June – Giddings
July – On The Colorado (OTC)
Aug – LaGrange Colorado Valley
Sept. – Sunday Morning Sidewalk
Oct. – Elgin Group (Yellow House)
Nov. – Smithville Group
Dec. – Legacies Group

District 29-Picnic
COME AND CELEBRATE OUR DISTRICT

May 15, 2016 @ NOON

Mina Lodge, Bastrop

POT LUCK - PLEASE BRING YOUR FAVORITE DISH TO SHARE



601 Main Street - corner of Water & Main Street-Bastrop

Treasurer's Report

Balance Sheet For District 29
[as of March 31, 2016]

(Submitted by Darrel B., District Treasurer)

District 29's Mailing Address:
Area 68, District 29
PO Box 1945, Bastrop, TX 78602

First National Bank Accounts	
District Funds	\$ 304.62
CFC Funds	\$ 667.51
Prudent Reserve	\$ 250.00
Cash and Checks	\$ 0.00
District Cash	\$ 0.00
CFC Cash	\$ 0.00
Total Bank and Cash	\$ 1,222.13
Liabilities	
Total Liabilities	\$ 0.00
Starting Balance	\$ 1,169.41
Change for Month	\$ 52.72
Ending Balance	\$ 1,222.13



Our District 29 Committee Chairs

DCM – Stacey VL	Archives – Bear T
Alt DCM – Debbie M	Literature – James B
Secretary – Steve VL	Website – Open
Treasurer – Darrell B	Grapevine – Milan K
CFC – Tommy D	Hill Country Inter-group Rep. – Robert C
PI/CPC – David M	Newsletter – Holly H
Treatment – Marshall N	